

Active Aging & *Care Transitions*

AACT Service Locations

For UCLA Longevity Center Training Locations

Maryland

Licensee: Diane Lasichak

Area Covered: Maryland (especially in around the Metro Washington DC area)

Program(s): Memory Training; Memory Fitness; Brain Boot Camp

Contact info: 571-333-2889 or diane@acctnow.biz

Virginia

Licensee: Diane Lasichak

Area Covered: Virginia (especially Northern Virginia, including Alexandria, Arlington, Reston, Leesburg, Winchester and Warrenton)

Program(s): Memory Training; Memory Fitness; Brain Boot Camp

Contact info: 571-333-2889 or diane@acctnow.biz

Washington

Licensee: Diane Lasichak

Area Covered: Western Washington (especially Seattle, Eastside, Everett and Bellingham areas)

Program(s): Memory Training; Memory Fitness; Brain Boot Camp

Contact info: 571-333-2889 or diane@acctnow.biz

West Virginia

Licensee: Diane Lasichak

Area Covered: Eastern West Virginia (especially the Martinsburg area)

Program(s): Memory Training; Memory Fitness; Brain Boot Camp

Contact info: 571-333-2889 or diane@acctnow.biz

For All Other AACT Training and Services

Maryland

Frederick and Hagerstown areas

Virginia

Northern Virginia, including Leesburg, Winchester, Warrenton areas

Washington

Seattle, Eastside, Everett and Bellingham areas

West Virginia

Martinsburg area