

Active Aging & *Care Transitions*

Professional Geriatric Care Manager Services

Diane Lasichak is a certified professional Geriatric Care Manager with over 30 years of in-depth experience working with seniors and their families in independent living, assisted living, skilled nursing and mental health facilities. Through her education and this work experience, Diane has recognized expertise in several fields related to care management, including gerontology, social work and psychology, with a specialized focus on issues related to aging and elder care.

Through AACT, Diane provides a variety of services for seniors and caregivers. This generally starts with an in-depth in-person assessment and usually results in a detailed care plan based on the interview.

Diane can help individuals and/or their families assess seniors' physical, psycho-social and functional status, identify possible short-term and longer-term healthcare needs, and then help them know and understand senior healthcare options and identify recommendations that can be formulated into workable, informed and easy-to-understand healthcare plans.

There are usually up to four steps of professional Geriatric Care Manager (GCM) services:

- Step 1: Conduct an in-person Interview;
- Step 2: Make a Care Plan;
- Step 3: Identify needed Services and possible Service Providers;
- Step 4: Monitor care plan Implementation and/or Changes in Needs.

Diane is a member of the Academy of Certified Care Managers and the National Association of Professional Geriatric Care Managers (NAPGCM) and adheres to the NAPGCM Code of Ethics and Standards of Practice.

AACT also provides consultant services in designing, planning, improving, coordinating services, and evaluating wellness and healthcare programs focused primarily on age 55+ adults, as well as training for staff on working with seniors and their family members.

For more information, contact:

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